



Why Hire A Coach?

This is a list of the feelings that my clients have had that led them to me...

- My life looks good on the outside but it does not feel good on the inside.
- I feel stuck.
- I feel disconnected
- I feel overwhelmed.
- I want to make changes.
- I don't know what I like any more.
- I have difficulty saying "no".
- I can't decide.
- I'm seeking clarity.
- I feel like something is missing.
- I feel like I'm not living my life to the fullest.
- I just don't have enough time.
- I feel like I don't fit in.

If you've ever had any of these thoughts and you want to get a deeper understanding of what is going on, hiring a coach is a good idea.

Chomba